**Inquiry-Based Learning Recording Tool**

**Formulate Questions**

Record your inquiry question in this space:

My inquiry question is...

**Gather and Organize**

Identify and record available sources which you might access to gather your information and answer your question. Identify when you will gather your information and how you will organize it to clarify ideas that will inform personal strategies or choices.

Sources of information I can access:

How I will gather my information:

How I will organize my information:

**Interpret and Analyse**

Review your evidence and record ideas that relate to your question. Review your information to make sure it contains a balanced perspective. Identify if you have enough information to make an informed decision or if you need to gather additional information:

Is the information from a reliable source?

Does my information provide me with various points of view about my question?

Which viewpoints or evidence might be missing?

Do I have all the evidence I need?

**Evaluate and Draw Conclusions**

Record your decision in this space. Include your explanation for making your decision using the information you gathered.

My decision:

The evidence I used to make my decision:

My reason(s) for my decision:

**Communicate**

Identify with whom you will communicate your decision, what you will share and how you will share it, while respecting diverse perspectives and personal choices.

Who I want to tell...

What I want to say is...

I will share it by...

I will be mindful of alternative perspectives and personal choices by...

**Reflect**

Identify how you will know if the decision you made is right for you. Identify what you might consider changing if your decision isn’t the right one.

I will know I have made the right decision for myself when/if...

If I want to alter my decision to take better care of my mental and physical health, I might also consider...