Decisions

REFLECT

Learn from your decision

and reflect on how it

impacted your life.

STAAR Decision-Making Model And Factors Affecting Decisions



STOP

Staying calm (mind and body) can help the decision-making process, so take the time to stop and relax.

FACTORS INFLUENCING DECISIONS

Age: As we grow, so does our ability to make decisions.

Culture: Customs, beliefs and traditions have an impact on decisions.

Family: Family is related to the cultural influences.

Emotions: Feelings can be a powerful influence.

Media: Ads, TV shows, movies, etc. can impact decisions.

Time: How the problem relates to time can sway a decision.

Values: A belief system or morality can be influential.

Peers: Being part of a group can create pressure in

decision-making.

Budget: How much money we have or can spend may be

important.

ACT

Make a decision based on your options and associated consequence. Act on your decision.

THINK

Think about the factors that influence decision-making and understand the problem you face.

ANALYZE

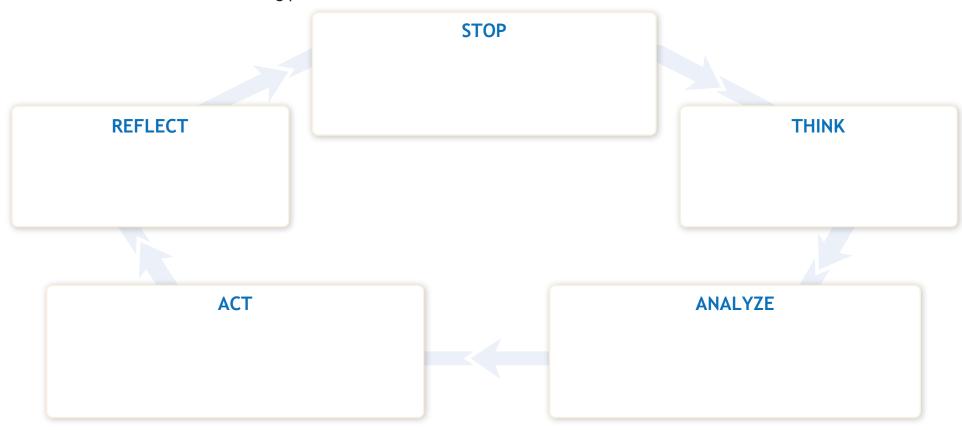
There will be options you can choose which have consequences. Analyze each one carefully.

Decisions

STAAR Decision-Making Model



Using the scenario you have been given or choosing one of the problems/situations the class brainstormed, follow the STAAR model and follow the decision-making process.



Debrief Questions:

- 1. How do you think making personal and financial decisions using this process could impact situations/problems in the present or future?
- 2. Can you think of any other factors that have influenced your personal and financial decisions in the past?