

Low Level of Protective Measures

This chart provides examples of low levels of protective measures, their associated risk treatment strategies, and sample Ontario Physical Activity Safety Standards in Education activity/sport pages in relations to facilities/locations, equipment, physical distancing, and instructional strategies.

	Facility/location	Equipment	Physical Distancing	Instructional Strategies
Protective Measures	Indoor/outdoor spaces at a community/3rd party facility.	Prolonged use of shared equipment. Multiple students touching the same equipment throughout the activity/sport.	Physical distancing throughout the activity will not be possible (for example, team games, medium to large sized group activities).	Large group/team activities. Students/teams interact frequently during a class.
Risk Treatment	Communicate to community/3rd party facility to ensure COVID-19 protocols are in place and that they meet your relevant school board policies and guidelines. Verify that there is enough space available for the number of students participating.	Disinfect the equipment at the end of the class. Students sanitize hands before and after physical education classes and after using equipment.	Have students wear non-medical masks when indoors and when the activity is low intensity.	Divide students into groups and have them participate in team activities only within the same group/cohort. Have students stay within the same group/cohort and make new teams instead of playing different teams of students.

	Facility/location	Equipment	Physical Distancing	Instructional Strategies
Sample Ontario Physical Activity Safety Standards in Education (OPASSE) Activities	Climbing (Climbing Wall and Related Activities)	Benchball	Borden Ball	Football (Flag/Touch)
	Tennis (at a local tennis facility)	Handball (Team)	Cooperative Games	Kinball
		Tchoukball	Lacrosse (Field)	Rugby (Flag/Touch)
		Ultimate Disc	Ultimate Disc	

For more information, please visit safety.ophea.net.