

Health and Physical Education (H&PE) Curriculum Consultant (Remote)

About Us

Ophea (ophea.net) is a charity (based in Toronto) that believes schools are an important place where students learn healthy habits that stay with them throughout their lives.

Our Approach to Artificial Intelligence (AI) and Recruitment

At Ophea, we use AI thoughtfully across different areas of our work but not when it comes to hiring new team members. Every step of the recruitment process, including reviewing applications, is completed by members of our team without the use of any AI tools. In return, we ask that candidates take the same care when applying if they are genuinely interested in this opportunity.

Who Are We Looking For?

Ophea values having a team that represents the diversity of the educators and students we support. We know that different facets of people's identities play a significant role in their lived experiences and we welcome and encourage all applicants to share with us who they are and what they can offer to help us realize our vision for Ontario's students.

What's It Like to Work for Ophea?

Ophea promotes collaboration (working in small project teams) to execute our work. All staff work and learn across a variety of different areas of the organization to grow their professional skill sets and keep their jobs challenging and rewarding.

Salary and Benefits

- Full-time fixed-term (contract) position with a salary of \$78,000.
- Dental and health benefits (starting after initial probation period).
- Competitive vacation (starting at three weeks with an additional week for Winter Break in December).
- Flexible hours (e.g., start times between 7:30am and 10:00am) and remote work arrangement.

Summary

Ophea is looking for a fixed term (full-time) Health and Physical Education (H&PE) Curriculum Consultant. This position would be a 12-month contract with a potential opportunity for extension. The expected start would be May or June 2026.

The H&PE Curriculum Consultant is responsible for providing specialized support to the planning, development, and review of Health and Physical Education (H&PE) content (e.g., lesson plans, teacher guides, student assessment tools) and school and community-based projects (e.g., participating on external committees, delivering curriculum-connected presentations/training workshops)

Collaborating closely with internal project teams and external interest holders, this role ensures that all of Ophea's programs and resources are informative, engaging, accessible, and aligned with Ophea's organizational strategy.

A typical workday in this position might include:

- Participating in a project team brainstorm on a new poster series to promote [Disability-Centred Movement](#) in Health and Physical Education classes.
- Creating a guide for writers (teachers) on proper format and development process for drafting [H&PE Elementary](#) lesson plans.

- Developing educational materials (e.g., writing lesson plans, long-range plans, teacher templates).
- Reviewing draft Primary/Junior activities for our [Wallet Wellness](#) financial literacy resource.
- Representing Ophea on a virtual meeting with a provincial education committee.

Knowledge (formal education or general knowledge):

- Bachelor of Education with qualifications in Health and Physical Education and Primary/Junior (P/J) or Junior/Intermediate (J/I). Qualifications in both P/J and J/I or Intermediate/Senior (I/S) are an asset but not required.
- Membership in good standing with the Ontario College of Teachers.
- Knowledge and experience applying key teaching policies, practices, and frameworks [e.g., Culturally Responsive and Relevant Pedagogy (CRRP), Universal Design (UD), Daily Physical Activity (DPA)].
- Knowledge and experience in project management, adult learning principles, and collaboration with school and community partners is an asset.

Skills, Experience & Requirements:

- 3+ years' experience teaching Health and Physical Education in Ontario.
- Proven experience collaborating with others to develop evidence-based, curriculum-connected programs and resources.
- Strong communication, facilitation and presentation skills.
- Excellent written and verbal communication skills, with extensive experience in Health and Physical Education instruction and teaching pedagogy.
- Ability to represent the organization in professional settings (e.g., with partners, at conferences and events).
- Strong organizational skills with a high level of attention to detail.
- Ability to work remotely and travel on occasion (including reliable access to a vehicle/transportation).
- Bilingualism is an asset but not required (fluency in French and English, written and spoken – advanced level).

Application Process

- In place of a formal cover letter, please answer the following question (in 250 words or less) to help us get a better sense of who you are as a person and how you might fit with our team:

“Describe a time you adapted or improved an area of your Health and Physical Education (H&PE) program to better meet student needs. What did you change and what was the impact?”

- In fairness to all candidates, answers exceeding 250 words will not be reviewed.

- To apply for this position, please submit your answer and resume (in the same document) to: hr@ophea.org.

Application Tips

- Keep it simple: Keep your application simple and easy to read. Too much design can be a distraction.
- Personalize your work: Applications with no customization are typically easy to spot and don't move ahead in the recruitment process.
- Prioritize personal over perfection: Your application should help us get to know you and whether you should be invited for an interview. There are no 'perfect' answers so just be authentic in your response.

We will be accepting applications until the position is filled so don't delay in applying if interested.

Our job opportunities are often re-posted by others without our knowledge or awareness so please check our website to ensure this posting is still active: <https://ophea.net/about-us/careers>.

Please Note:

- Ophea is currently only considering applicants residing in Ontario.

- Only those candidates selected for an interview will be contacted. Due to the volume of applications, please assume your application was received unless you receive a bounce back email.

- Compensation was informed by Ontario's current collective bargaining agreement for educators including years of experience and qualifications required for this position.

- Ophea is committed to removing barriers and providing accommodation to all applicants and employees. If contacted in relation to an employment opportunity, please advise our HR representative of the accommodation required which would enable you to apply or be interviewed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.