

Striking/Fielding Activities

Activity

Resource: Learn to Move

Grade(s): 1 2 3 4 5 6 7 8 9 10 11 12

Activities in which players strike a ball and then score points by advancing to designated areas. Fielders retrieve the object and return it to a specified place to stop points from being scored and to get opponents out.



Progression

Simple

- Avoid getting out (offensive)
- Use speed and decision making to run quickly in order to advance and gain points

Moderately Complex

- Defending space (defensive)
- Position to cover space in field to prevent opposition from scoring

Complex

- Score runs (offensive)
- Advance the runner by choosing an area to hit the ball to facilitate scoring runs

Living Skills Connections

- What living skills are important to being a valuable team member?
- How can communicating with teammates increase chances of success when fielding?
- How does experimenting with different strategies allow for better results in a game?

These strategies transfer to:

- playing cricket
- playing beep baseball
- playing stickball

Tactical Awareness

- What are effective tactics to try and prevent the batting team from scoring runs?
- Why is it important to use different amounts of force when hitting the ball?
- Why is it important to make appropriate decisions about when to run and when to remain where you are while on offense?