

# Medical Conditions

- Each Teacher needs to access student medical information at the beginning of the school year and throughout the year as per school board policy (consult the [Sample Curricular Parent/Guardian Letter](#) and [Sample Curricular Medical Information and Acknowledgement of Elements of Risk Form](#) ).
- For interschool sports, Coaches need to be aware of the medical history and physical limitations of students prior to the first try-out and must have the students' emergency contact information at all try-outs, practices, and competitions. The Coach/Community Coach Liason must refer to school board policies and procedures regarding accessing and/or sharing student medical information. (consult the [Sample Interschool Parent/Guardian Letter](#) and [Sample Interschool Medical Information and Consent to Participate Form](#)).
- For intramural activities, each Intramural Supervisor needs to access student medical information prior to the activity as per school board policy (consult the [Sample Intramural Parent/Guardian Letter](#) and [Sample Intramural Medical Information and Consent to Participate Form](#) ).
- To address a student's medical condition (for example, asthma, life threatening allergies, diabetes, epilepsy, heart disorders, concussion) Teachers/Coaches must refer to the school/school board's medical condition protocols and/or individualized student Plan of Care. For sample protocols, consult:
  - [Asthma](#)
  - [Concussions](#)
  - [Sudden Arrhythmia Death Syndrome](#)
- Parents/Guardians must be informed of the following:
  - If a student misses a physical education class/practice or game due to an injury or illness requiring professional medical attention (for example, medical doctor, chiropractor, physiotherapist), parents/guardians must communicate with the Teacher/Coach giving the

student permission to return to physical activity. For a sample form, consult the [Sample Return to Physical Activity \(Non-Concussion Medical Illness/Injuries\)](#).

- Parents/guardians must provide a return to physical activity plan for students returning to activities with injuries/illness (for example, spinal injuries, fractures, torn ligaments or mononucleosis).
- Any student playing with a cast must provide a doctor's note or parent/guardian signed permission indicating it is safe for the student to participate. Casts/orthopedic devices must not present a safety concern to the student or other participants. Modifications should be made if required. An exposed orthopaedic apparatus must be soft or padded and must be approved by the Teacher/Coach prior to the commencement of the activity.