

# Beanbag Dribble

## *Activity*

**Resource:** Early Learning Resource

**Grade(s):** Early Learning

## Curriculum Expectations

7.2, 8.1, 8.2

Refer to the [Kindergarten Program 2016](#) for details on the specific expectations.

## Activity Learning Goals

By the end of the activity children will be able to:

- demonstrate persistence while engaged in bean bag dribbling activities that require the use of both large and small muscles
- demonstrate spatial awareness in activities that require large muscles
- demonstrate control of large muscles with equipment

## Equipment

- Beanbags (one per child)
- 15 – 20 pylons or other obstacles
- [Early Learning Anecdotal Recording Chart](#)

## Safety

Inspect activity area for safe traction and eliminate potential hazards. Remind children to be cautious when moving, and to be aware of personal space. Clearly outline the boundaries for the activity making sure there is a safe distance between the activity area and the furniture/walls.

## Assessment Opportunity

EL-K Team observation of children's demonstrated application of persistence, spatial awareness and muscle control can be recorded on the Anecdotal Recording Chart.

## Through the Maze

Half of the children are frozen around the gymnasium. The other half are trying to find their way through the maze of people. They have a magic beanbag to help guide them through the maze. Children push their beanbag around the people using the inside and outside of their feet. Switch roles often.

## Up the Ladder and Jump

- Place several rows of three pylons around the playing area. The children continue pushing their beanbags with their feet. The children pretend that the pylons are a ladder. They push the beanbags around the pylons without touching them. When they reach the end of the ladder (pylons) the children help the beanbag "jump" by kicking it toward the wall.
- Children work in pairs pushing the beanbag back and forth with a partner using their feet. Children start three steps apart then adjust the distance to make it easier or more difficult.

## Notes to EL-K Team

- Reinforce safety rules, such as:
- Move in your own space, toss hoop into open space, keep eyes open.
- Be aware of the others working around them
- Encourage children to use the inside of both feet when pushing the beanbag.

## Connection Questions to Expand and Enhance Play

- Which body parts can you use to send a beanbag to your partner?
- What did you do to improve your chances of success when pushing and kicking the bean bag?
- Why is it important to move in your own space during physical activities?