

# Learning To Be Safe

## *Activity*

**Resource:** Early Learning Resource

**Grade(s):** Early Learning

## Curriculum Expectations

6.4

Refer to the [Kindergarten Program 2016](#) for details on the specific expectations.

## Activity Learning Goals

By the end of the activity children will be able to: discuss what action to take when they feel unsafe or uncomfortable, and when and how to seek assistance

## Equipment

- Paper
- Crayons, markers, or pencil crayons
- [Early Learning Anecdotal Recording Chart](#)

## Safety

For complete safety criteria, reference the About section.

## Assessment Opportunity

EL-K Team observation of children's demonstrated knowledge of how to be safe and how and when to seek assistance when they feel unsafe can be recorded on the Anecdotal Recording Chart.

## Safety Idea Generation

Introduce the topic of safety and generate ideas with the children about what they know about being safe and unsafe. Record the children's ideas/concepts.

## Safety Book

Use children-generated safety ideas and create a class book. Write the ideas that have been recorded into a book and have the children illustrate various pages. Consider scribing the child's description of their picture if they are interested. Once completed and bound place the book in the reading corner.

## Scenarios

- Problem-solve some scenarios with the children:
  - a stranger tells you they lost their puppy and asks you to help find it
  - you get lost in the park
  - a person you don't know tells you, "Your mom asked me to take you home"
  - your cousin keeps grabbing your bottom.
- Ask children what they could do in the scenarios, and who they could ask for help. End the discussion on a positive note, reinforce that help is available.

## Notes to EL-K Team

- Children need to know that most strangers are kind people who would not hurt them, but at the same time they need to understand situations which might threaten their safety.
- Describe the "Block Parents" program if there is one in your neighbourhood.

- Be mindful of the fact that children experience most physical and sexual abuse from someone they know and trust, and not from strangers.
- Consider reading, “The Little Red Riding Hood” and discuss how the wolf tried to disguise himself.
- Find out what the children may still want to find out about being safe and plan some future activities based on this knowledge.

## Connection Questions to Expand and Enhance Play

- What does a stranger look like?
- What can you do if a stranger comes to your door?
- Why is it important to trust your feelings?