

# Write It Out

## *Activity*

**Resource:** Ideas for Action

**Grade(s):** 1 2 3 4 5 6 7 8 9 10 11 12

## What Is it All About?

Working individually, students write a blog post or zine-style article reporting on the topic of stress management in a fun and creative way.

## Why Do It?

Have your say! Get creative and share with your class a fun blog or zine-style article related to the topic of stress and stress management.

## How Do We Do It?

Students write a blog post or zine-style article on the theme of stress and managing stress (e.g., "5 tips for the next time you feel nervous before a test").

Have students share their posts or articles with another student for feedback.

Students create a final copy and display it around the room or on a school or class website.

Ensure an adult ally is in place to vet the blog and article manuscripts.

## What Else Do We Need?

- Internet access

- Paper
- Word processing software
- Writing utensils

## How Do We Get Creative?

Students post responses to 1 or 2 other students in the format of a "letter to the editor".

Invite a community member for a local newspaper or blog to speak to the class about publishing for various platforms (e.g., digital versus online).