

School Cook Book

Activity

Resource: Ideas for Action

Grade(s): 1 2 3 4 5 6 7 8 9 10 11 12

What Is it All About?

Student leaders interview teachers and collect some of their favourite recipes made with vegetables and fruit.

Why Do It?

Learn new combinations of fruits and vegetables that reflect the diverse nature of your school community.

How Do We Do It?

Students interview staff, teachers, or other trusted adults, collecting recipes to assemble a multicultural cookbook made up of recipes featuring vegetables and/or fruit.

Student leaders compile the recipe book.

Students might take photos or team up with the photography club and have them take photos to illustrate their recipes.

What Else Do We Need?

- A computer and printer
- Paper

- Writing utensils

How Do We Get Creative?

Consider displaying recipes on a classroom blog.

Consider using the collection of recipes as a fundraising item.