

Corner Switch

Activity

Resource:

Beyond the Walls: Activities for the Outdoors

Grade(s): 1 2 3 4 5 6 7 8

Division(s): Primary Junior Intermediate

Setting: Recess

Season: Winter

Activity Goal

Participants engage in moderate to vigorous physical activity in a winter environment to enhance their physical and mental health and wellness.

For participant safety, please review the contents of the [Beyond the Walls: Safety Considerations](#) page for information on Safety Standards, Winter Safety Considerations, and Outdoor Playing Areas and Surfaces.

How to Play

- Participants play in groups of four.
- Participants create a triangle playing area by drawing three circles in the snow. Available equipment such as hoops or skipping ropes may also be used.
- Three participants station themselves in the circles with one participant standing in the middle of the playing area.

- Participants standing in the circles attempt to switch spots without the participant in the middle taking their position.
- The participant left without a corner position moves to the middle.

Adaptations

Consider these tips to maximize the challenge and the fun for participants.

- Participants can adjust the shape of the playing area (e.g., a square or star) for more participants to join in.
- Participants can adjust the size of the playing area to have more than one participant at each corner or in the middle.
- Participants can choose the way they travel.

Modifications

Consider these tips to maximize inclusion and fun for all participants.

- For participants who are non-verbal, invite all participants to play the game using only hand signals.
- For participants with mobility challenges, have them determine when participants can switch positions by calling out "Switch!".