

# All My Friends

*Activity*

**Resource:**

Beyond the Walls: Activities for the Outdoors

**Grade(s):** 1 2 3 4 5 6 7 8

**Division(s):** Primary Junior Intermediate

**Setting:** Recess

**Season:** Fall

## Activity Goal

Participants share their favourite activities, foods, and games that they enjoy during the fall season in an active format.

For participant safety, please review the contents of the [Beyond the Walls: Safety Considerations](#) page for information on Safety Standards, Fall Safety Considerations, and Outdoor Playing Areas and Surfaces.

## How to Play

- Participants sit in a large circle, with one designated participant in the middle. That participant begins with 'All My Friends like to...' and completes the sentence with something they may like to do, play, eat, or appreciate about the fall season.
- Anyone who shares the same sentiment must leave their space, and exchange spots with anyone else on the circle that leaves.
- The last participant to find a space in the circle must become the participant in the middle.

## Adaptations

Consider these tips to maximize the challenge and the fun for participants.

- Consider co-determining a topic for participants to focus conversation on (e.g., foods we have traditionally in this season, favourite cultural activities associated with the season).
- Consider co-determining a locomotor skill that all participants must use to travel between spots (e.g., bear walk, bunny hops).
- Consider allowing participants to pass or share their turn with another participant if they don't want to be in the middle, or alternately, making a rule that all participants must be in the middle once prior to a participant going back in the middle.

## Modifications

Consider these tips to maximize inclusion and fun for all participants.

- For participants with mobility challenges, consider finding other options to explore different ways of locomotion (e.g., outdoor wheelchair) to complete the tasks.
- For participants with a cognitive disability, invite all participants to adapt the game or rules to be inclusive of all skill levels.