

# Parent/Guardian Implementation Tips

*Tool*

**Resource:** Creating Asthma Friendly Environments

Parents/guardians are responsible for providing child care providers/centres with up-to-date information about their child's asthma and the necessary medications and equipment. Information should be provided to the child care centre at the start of each year regardless of whether the child is new to the centre or not. The child care centre staff should also be informed of any changes to the child's asthma that will affect their routine, performance and/or ability to participate in activities.

The following is a list of responsibilities of parents/guardians to ensure the creation of a safe and supportive child care centre. Please ensure to:

- Complete and return all forms included in the [\*\*Child Asthma Management Plan\*\*](#).
- Arrange/Attend a meeting with a child care centre administrator and/or child care provider to discuss the completed forms included in the Asthma Information Package and the needs of your child to be safe and fully engaged.
- Alert the centre/staff to any changes in your child's medical condition (e.g., change in medication, experiencing a flare-up or a cold).
- Provide the necessary medications and equipment to the child care centre. Ensure medication for your child is well labelled, well stocked and up to date (i.e., not expired), and is quickly and easily accessible at all times. If your child needs help using their inhaler, provide information and review the correct method to assist your child with medication administration with staff.
- Prepare your child for child care centre field trips and discuss any issues in advance with the supervisory child care staff.