

Student Resource: Staying Safe in and Around Water - Self-Check (primary)

1. Place a checkmark on the line to show that you know rules you should follow to be safe around water.

- ☐ never swim alone - always have a buddy
- ☐ swim near a lifeguard or adult
- ☐ wear your personal floatation device or life jacket
- ☐ know the water conditions when playing at the beach
- ☐ stay within the boundaries except to retrieve a water toy

2. Place a checkmark on the line to show what you should or should not do to help a friend who is in trouble in the water

- ☐ call for help
- ☐ stay in the water near them to help them to shore
- ☐ talk to them
- ☐ throw them an object that floats

Answers:

Question 1: Check all except “stay within the boundaries except to retrieve a water toy”

Question 2: Check all except “stay in the water near them to help them to shore”