

Student Resource: Awareness and Appreciation - Self-Check (junior)

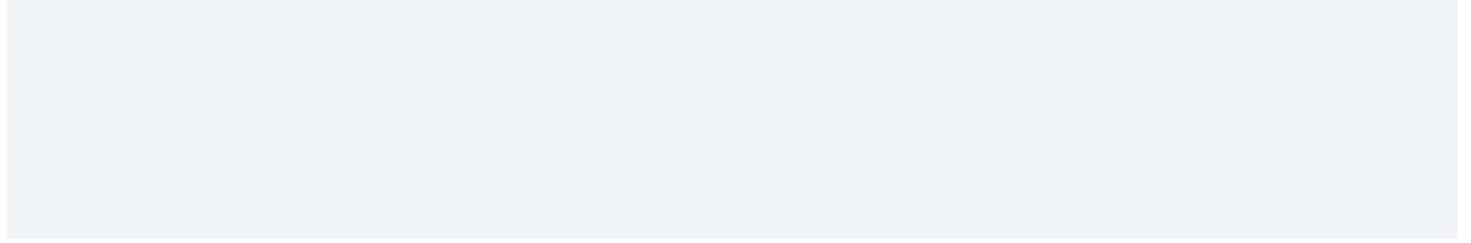
1. Place a checkmark on the line to indicate that you know what you should do to be aware and appreciate where you are on an outdoor education adventure.

- watch for things like roots that might trip you
- carry your whistle with you
- don't touch a plant unless you ask an adult
- stay inside the boundaries unless you have to retrieve an object
- be prepared for the weather
- pick a natural object to take home with you

2. Select the ways that you can enjoy your hike in the woods.

- listen to the sounds around you
- smell and touch the plants that an adult shows you
- look for birds in the trees
- look for signs of other animals (like tracks) to find them

3. List 5 ways you can have as little impact as possible on the natural environment.



Answers:

Question 1: Check all except “Stay inside the boundaries unless you have to retrieve an object” and “Pick a natural object to take home with you”.

Question 2: Circle all.

Question 3:

- Avoid tree damage.
- Leave flowers, wood, rocks and plants behind.
- Take out your garbage.
- Stay on marked trails.
- Don't bicycle on wet trails.
- Don't disturb wildlife.