

Student Resource: Awareness and Appreciation - Self-Check (intermediate)

1. Place a checkmark on the line to that you know what you should do to be aware and appreciate where you are on an outdoor education adventure.

- ☐ watch for things like roots that might trip you
- ☐ carry your whistle with you
- ☐ don't touch a plant unless you ask an adult
- ☐ stay inside the boundaries unless you have to retrieve an object
- ☐ protect yourself from weather conditions
- ☐ pick found objects for your nature collection

List 5 ways you can have as little impact as possible on the natural environment.

3. Explain what is meant by the following safety rules and guidelines:

Be weather aware:

Be alert to hazards:

Understand the wildlife you may encounter:

Step carefully so you don't have a negative impact on habitat or wildlife:

Garbage disposal is an important issue on trails:

Take only pictures, leave only footprints:

Answers:

Question 1: Check all except "stay inside the boundaries unless you have to retrieve an object" and "pick found objects for your nature collection".

Question 2:

- Avoid tree damage.
- Leave flowers, wood, rocks and plants behind.
- Take out your garbage.
- Stay on marked trails.
- Don't bicycle on wet trails.
- Don't disturb wildlife.

Question 3: Consult Teacher Resource: Outdoor Education Awareness Tips for answers.