

Student Resource: Tick Safety - Self-Check (junior)

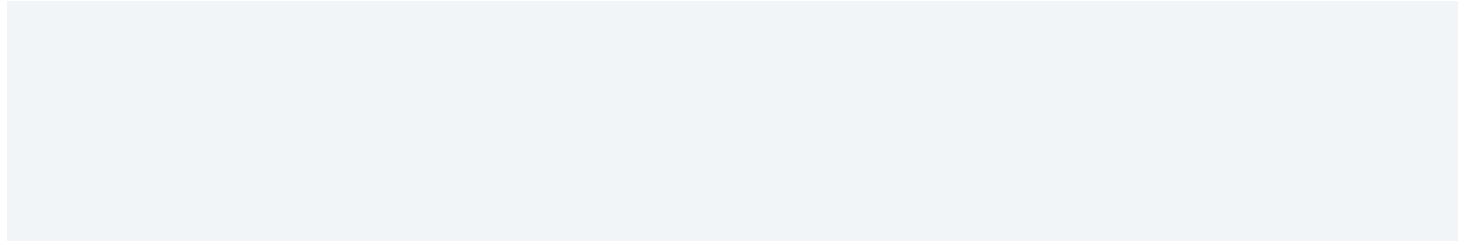
1. Select the checkboxes to show that you know some of the places that ticks can be found.

- ☐ in the woods
- ☐ bushes
- ☐ under leaves
- ☐ in water
- ☐ in cut grass
- ☐ around rocks and wood

2. Select the checkboxes to show that you know ways to keep yourself safe from getting bitten by a tick.

- ☐ stay on paths and trails, the middle is best
- ☐ use insect repellent
- ☐ wear close-toed shoes
- ☐ stay inside
- ☐ wear long pants when hiking on a trail
- ☐ tuck your pants into your socks
- ☐ check your body once a day for ticks
- ☐ hang your outdoor clothes outside for 30 minutes before washing them so ticks can escape
- ☐ put outdoor clothing in the dryer for 60 minutes on high heat before washing them

3. List 3 things you should have an adult do to help you find a tick on your body.



Answers:

Question 1: Check all but “in water”.

Question 2: Check all but “Hang your outdoor clothes outside for 30 minutes before washing them so ticks can escape.”

Question 3: Don't try to pull it off. Tell an adult who can remove it. Wash the area with soap and warm water after the tick has been removed.