

Student Resource: “What’s Wrong” Scenarios

Scenario 1

You are walking through wet grass on a trail behind your school and you notice that your friend is limping and complaining that their feet hurt.

- What’s wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 2

You are skating with a friend at the outdoor ice rink near your house. Your friend tries to do a trick. He falls, hitting the ice really hard. He can’t get up and says he feels like he is going to be sick.

- What’s wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 3

You are hiking along a trail with your family. You and your older brother go ahead of the group to find the next trail marker. On your way your brother trips on a root sticking out of the ground. He falls and hits his chin on a rock. He is bleeding from his chin and when he tries to stand up he says his leg hurts really badly and he can’t stand on it.

- What’s wrong?
- What should you do?

- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 4

You are on a winter outdoor education trip with your class. You have been playing games in the snow all morning. The activity has ended and you are now on your snack break. You are sitting with your buddy and notice that they are shivering quite a bit and are having trouble opening their snack. You ask if you can help and they seem confused about what you are saying.

- What's wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 5

You have been tobogganing and playing in the snow. Your friend took their hat off a while ago and they can't find it. A small white patch has formed on one of their cheeks, and their skin is quite cold to touch. Their ears are quite red.

- What's wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 6

You have been playing in the sand at the beach all day with your cousins and aunties. Your cousin's skin looks red. They say they feel like throwing up, are dizzy and have a bad headache. They head toward some shade but seem confused so go in the wrong direction. They are breathing really fast.

- What's wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 7

You are playing with your friends in the ravine near the school. You notice that the clouds are getting darker and lower in the sky. It is getting dark but it's the middle of the day.

- What's wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 8

You have returned from a hike and you are hanging out at your friend's house until your parent/guardian comes home from work. Your friend goes into the washroom to change out of their hiking clothes and you hear them scream. You ask what is wrong and they say they have a small, circular thing sticking out of their skin on their belly.

- What's wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 9

You were out playing in the woods yesterday, and you are starting to notice your skin near your wrists and ankles is quite itchy today. When you take a closer look, you notice small blisters and red areas along your arms. Some of the blisters are forming in line with each other. Other areas look like a bumpy rash, and are quite itchy.

- What's wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?

Scenario 10

You are riding your bike along a neighbourhood trail with friends. As you go around a bend you notice a bike lying by the side of the trail. A person is lying beside the bike. You stop to ask if they are ok. Their eyes are closed and they don't move or respond to your questions.

- What's wrong?
- What should you do?
- What safety rules would you follow to try to prevent this situation from happening to you?