

Temperatures

School administrators, teachers, coaches, intramural supervisors must be familiar with and implement their school board's temperature policy for cold and hot weather conditions to make informed decisions for student safety. When conducting outdoor physical activities reference your school board's:

- Temperatures that are safe for students to be physically active outdoors.
- Temperatures that are not safe for students to be physically active outdoors.
- Temperatures that require accommodations for student safety when physically active outdoors.

Note: Specific temperatures (hot or cold) are not provided in the Ontario Physical Activity Safety Standards in Education because a provincial survey of boards indicated a discrepancy in the temperatures considered to be unsafe. Therefore, one should access and follow their school board's temperature policies for outside activities.

This section includes:

- [Information on Cold Weather-Related Conditions and a Sample Cold Weather Preparedness Guide](#)
- [Information on Hot Weather-Related Conditions and a Sample Hot Weather Preparedness Guide](#)